

# **A.I.M.**

## **Anger Is Manageable**



**“Target Yourself  
For a Change”**

**A Program of  
The Tenth Judicial  
Circuit Court**

*“Where Professionalism Is A Priority”*

*“The remarkable thing is we have a choice everyday regarding the attitude we will embrace for that day. We cannot change our past...we cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our attitude... I am convinced that life is 10% what happens to me and 90% how I react to it. And so it is with you... we are in charge of our attitudes.”*

*By Charles Swindoll*

---

**Call (863) 534-4595 or 534-4698  
for more information.**

### **\*IMPORTANT NOTICE\***

If you need an interpreter, it is your responsibility to bring one. Interpreters will not have to pay for the class. (Si usted necesita un interprete. Usted sera responsable por traer uno. El interprete no tendra que pagar por la classe. Gracias).

To register, please complete the reverse side.

**DETACH AND MAIL TO:**  
**A.I.M.**  
P.O. Box 9000 – Drawer J-112  
Bartow, FL 33831-9000

## PROGRAM OVERVIEW

**A.I.M.** is a program for individuals to take responsibility of their emotions and then follow through by making responsible behavior decisions that are not self destructive or harmful to others. Many people believe they have no control over their anger, therefore they have no control over what happens as a result of their anger. This class will do away with that myth, as well as many of the other untruths that tend to surround what may be, our most misunderstood emotion – ANGER.

The class will offer you, the student, alternatives in dealing with frustrations and disappointments that are a part of most, if not all, personal relationships.

**COST:** The cost for the class is \$25.00 per student.

**\*ALL PAYMENTS ARE  
NON-REFUNDABLE\***

**REGISTRATION:** To register, you will need to complete and mail in the Registration Form attached to this brochure, along with a **money order** made payable to **Stacy M. Butterfield, Clerk of Courts.**

Call (863) 534-4595 or 534-4698 for more information.

**ATTENDANCE:** Plan to attend the seminar you requested. No further notification will be given unless there is a conflict. **A \$5.00 rescheduling fee** will be charged unless you notify us forty-eight (48) hours in advance. **PEOPLE WHO ARRIVE LATE WILL NOT BE ADMITTED TO THE SEMINAR.**

### LOCATION AND SCHEDULE

Polk County Courthouse  
255 N. Broadway Avenue  
Bartow, FL - Jury Room (2<sup>nd</sup> floor, blue elevators)\*Enter the Courthouse through Front Entrance for evening program.  
Sign in at front desk in the lobby.

**Daytime:** Fourth Wednesday of the month from 1:30 p.m. until 4:30 p.m. – Sign in on 2<sup>nd</sup> floor – (Blue)

**Evening:** Second Thursday of each month from 6:00 p.m. until 9:00 p.m. \*Sign in at information desk

### \*IMPORTANT NOTICE\*

If you need an interpreter, it is your responsibility to bring one. Interpreters will not have to pay for the class. (Si usted necesita un interprete. Usted sera responsable por traer uno. El interprete no tendra que pagar por la classe. Gracias).

### REGISTRATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Ext.: \_\_\_\_\_

Case Number: \_\_\_\_\_

\_\_\_\_\_ Daytime: 4<sup>th</sup> Wednesday of the month from 1:30 p.m. – 4:30 p.m. (Bartow)

\_\_\_\_\_ Evening: 2<sup>nd</sup> Thursday of the month from 6:00 p.m. – 9:00 p.m. (Bartow)